

LILY'S TEA CULTURE - THE ALL-FLAVOR METHOD

Our tea culture starts with fair cultivation in Nepal. We take it from there straight to the center of our way of life and then perhaps learn more about taste, color, time and ourselves.

Whole tea leaves are infused in a tea pot with water heated to 85° Celsius and allowed to remain in it. The taste and effect change gradually. In this way, all the positive qualities of the tea are used in an optimal way - until the bitter end.

A new sensory perception opens up with each new cup of tea. Depending on how you feel, the whole spectrum of aromas can be experienced in a new and pleasant way. The spirits of life, liver and digestion are stimulated with the very last sip.

WHOLE LEAF NEPALI TEAS

WHITE TEA

WHITE CAMELLIA SINENSIS First flush, dried, refreshing	6dl 8.50
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GREEN TEA

LIGHT GREEN CAMELLIA SINENSIS Young leaves, heated, revitalizing	6dl 8.50
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STRONG GREEN CAMELLIA SINENSIS Strong leaves, heated, strengthening	6dl 8.00
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OOLONG TEA

TRANSFERMENTED CAMELLIA SINENSIS Rolled leaves, partially oxidized, balancing	6dl 8.00
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BLACK TEA

BLACK CAMELLIA SINENSIS Whole leaves, oxidized, strengthening	6dl 8.00
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BLEND WITH NEPALI LEAVES

SO DAMN HAPPY 6dl 8.50
Green tea with jasmine blossoms and orange peel, alluring

TEARDROP 6dl 8.00
Light black tea with bergamot orange, orange peel and Madagascar vanilla, soothing

HOT BOTANICALS

Blossoms, leaves, berries, spices, herbs or roots are infused with hot water and unfold into a gentle, sometimes spectacular drink stimulating body and mind alike.

KATHMANDU COSMOS 6dl 8.00
Indian bay leaves, cloves, nutmeg, green cardamom, lemon grass, black pepper, orange peel, mint, coriander seeds

HOT HERBS 6dl 8.00
Lemon verbena leaves, dragon fruit, lemon balm leaves, coneflower herb, birch leaves

4 ELEMENTS

AIR - BLOSSOMS 6dl 8.00

Elderflower, linden, marigold and cornflower blossoms,
scarlet bee balm, inspiring

FIRE - SEEDS 6dl 8.00

Juniper berries, fennel, aniseed, dried apple pieces,
seeds of stinging nettle, fenugreek, warming

WATER - LEAVES 6dl 8.00

Bamboo leaves, lemon balm, ginkgo leaves,
spruce needles, embracing

EARTH - ROOTS 6dl 8.00

Devil's claw, angelica and dandelion roots, stabilising

MYCOLOGICALS

You are invited to an exciting journey of discovery in mycologicals.
We take an in-depth look at the potential of mushrooms. In doing so,
we learn more about existing and new aspects of the sensory effects
and provoke new flavour experiences by emancipating ourselves
from standardised values.

FIFTH ELEMENT - MUSHROOMS 6dl 8.00

Organic lion's mane from Kerns

all prices in Swiss francs, VAT included